**Workbook and Quiz Questions for Dr. Jodie’s Classes**

**Introduction to Holistic Pet Care and Natural Nutrition**

Task #1

Be your pet’s advocate.

Contact your veterinarian. Obtain vaccination and medication records. Start a binder for each pet.

Task #2

Schedule a titer test for distemper/parvo/rabies. Plan how you will avoid overvaccination.

Do your own research. Read Dr. Jodie’s blog: <https://docjodie.com/blog/28087/what-you-need-to-know-before-you-vaccinate-or-titer-test-your-pet>

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Task #3

State here how you would explain a balanced, prey-concept, species-appropriate carnivore diet to another pet parent

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Task #4

Google the substances in your spot-on flea and tick preventative if you are using one. List the potential side effects here:

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Task #5

Google *natural* flea and tick products. List three of the most common ingredients here:

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Task #6

Google corydalis. Explain which conventional analgesic and anti-inflammatory medications you could try to replace with this herbal.

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**Step Up the Pet Nutritional Ladder**

Task #7

What is the % carbohydrate in your pet’s current food? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Task #8

What ingredient category is missing from most processed foods but can be easily added?

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(Hint: there are several correct answers.)

**Making the Switch**

Task #9

What should you add to current food before transitioning?

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Task #10

What should you add to a thawed prey-concept diet before serving? Why?

(Hint: Multiple correct answers.)

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Task #11

What is HPP?

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Task #12

Do you need to be concerned about Salmonella in your pet’s diet? Why or why not?

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Bonus

What disorder can occur in a feline who refuses to transition and eat a new food?

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Email answers to [docjodie@docjodie.com](mailto:docjodie@docjodie.com) for a Certificate of Completion